

“Are you ready?” Curriculum

Roles:

Narrator 1

Narrator 2

Ready

Materials:

Cue Cards/Book

Ready Costume

Activity Books

Stickers

Flashlights

Crayons

Bags

Example emergency kit items:

Ready's Backpack

Bottled Water

First Aid Kit

Protein Bar

Flashlight

NARRATOR 1:

Hi, I'm _____ and I'm really happy to be here today!

NARRATOR 2:

And I'm _____ and...

[Add personal comment]

NARRATOR 1:

We are members of _____.

Soon, Ready the Prepared Puppy will join us to help us learn about Emergency Preparedness.

NARRATOR 1:

[To the group] Who can raise their hand and tell us what an Emergency is?

Great answers! Now who can tell us what Preparedness means?

Emergency Preparedness means knowing what to do and having the things you need to stay safe during an emergency.

NARRATOR 1:

We will also need your help during the presentation in the form of a "cheer".

NARRATOR 2:

The cheer goes like this. Several times during the presentation I will ask you "WHAT'S EMERGENCY PREPAREDNESS?"

[Ready cups ear to listen]

[Clearly divide the audience into two halves]

NARRATOR 1:

When you hear that -- this side will yell "KNOW WHAT TO DO"!

NARRATOR 2:

And this side will shout "HAVE WHAT YOU NEED"!

NARRATOR 1:

Then everyone gives a big thumbs up and yells "STAY SAFE". Do you think you can do that?

NARRATOR 2:

Let's try it a few times and, if you're loud enough, maybe Ready will hear you and come in. Do you think you can be loud enough? OK!

NARRATOR 1:

“WHAT’S EMERGENCY PREPAREDNESS?”

[Have them do the chant 3 times]

NARRATOR 2:

Hi Ready!

We call him Ready, because he’s ready for anything! He knows what to do during an emergency and has the things he needs in his orange emergency kit. See it? It’s on his back.

[Ready turns around and shows his backpack while narrators point to it]

NARRATOR 1:

He wasn’t always ready for anything.

Do you want to hear what happened that made Ready decide to always know what to do and have the things he needs to stay safe?

Well, this is Ready’s story. We want you to listen and understand.

One night last [pick the season that you are in now] there was a big storm where Ready lived. The storm was so big that the power went out.

You know what that means? If the power goes out, then the lights go out and the television stops working.

[Ready covers his eyes and shakes his head]

NARRATOR 2:

Do you remember ever having a big storm at night that made the power go out where you live?

Maybe it was the same storm.

When the power went out, the lights quit working and Ready was in the dark. He was scared.

Do you sometimes get scared when the lights go out during a storm?

Well, this was a REALLY REALLY BIG STORM. The lights went out and the water stopped coming out of the tap too. When there isn’t any water coming out of the tap, that means there isn’t any water to drink.

NARRATOR 1:

What was Ready going to do in the dark? What was Ready going to do when he got thirsty without water?

That was pretty scary, huh, Ready?

[Ready nods]

Well, it gets worse. This storm was SO BIG that the power didn't come back on for three days.

[Ready makes a three with his hand and shows it around the class and then claps his hands to the side of his face in dismay]

After that many days without power, all the food in the fridge went bad. That means he couldn't eat the food in the fridge. And Ready ALWAYS likes to eat.

[Ready puts his hand on his belly like he is hungry and then covers his eyes and shakes his head]

NARRATOR 2:

Was it scary to be in the dark without any food and water, Ready?

[Ready nods and gives one of the Narrators a hug and shivers like he is scared]

[Narrator pats Ready and tells him it's okay]

What do you think? Would you be scared if you were in the dark, thirsty and hungry without any food or water?

Well, Ready didn't have to be scared though. Did you Ready?

[Ready shakes his head from side to side]

You see, Ready's parents already knew about Emergency Preparedness. And what does emergency preparedness mean?

[Ready should prompt to one side like he's listening for an answer—right side.]

“KNOW WHAT TO DO!”

[Ready should prompt to the other side like he's listening for an answer—left side.]

“HAVE WHAT YOU NEED!”

[Ready should prompt everyone for an answer and give thumbs up as the answer is given]

“STAY SAFE!”

NARRATOR 1:

That's right. Ready's parents knew what to do and had the things his family needed to stay safe. Because Ready's parents knew what to do, they had already made an emergency kit for Ready's family.

Do you know what an Emergency Kit is?

An emergency kit is a box or bag with the things you will need if there is a big storm like the one we just talked about.

Ready's parents put flashlights, bottled water, and granola bars in their Emergency Kit. Enough food and water for three days!

[Ready nods and makes the three with his hand and shows it to the kids]

NARRATOR 2:

Because Ready's parents knew about Emergency Preparedness, when the power went out, Ready and his family had flashlights at night, and food to eat and water to drink. It was like they were camping out inside the house! Instead of being scared when the power went out, they had a fun time!

Did you have a good time, Ready?

[Ready nods and gives the thumbs up]

NARRATOR 1:

Ready wants you to know that you can be Ready for a big storm too! When you're ready, you're not scared.

[Ready nods, points at the class and then gives the thumbs up]

[Pass out packets with flashlights, activity books, ReadyNH cards, shopping lists and stickers—depending on how many children, the packets may be in Ready's bag]

Ready wanted you to have a flashlight just like the flashlights his family uses at home. You can put these on your refrigerator so you always know where your emergency flashlight is.

Start by completing the puzzles and games in your "Are You Ready?" activity book.

[Ready holds up the book as narrator holds a book open to show what's inside]

NARRATOR 2:

After you've finished your "Are You Ready?" activity book, you'll know what to do and know what things you'll need to stay safe during an emergency.

[Ready nods]

Tell your parents and friends that you are ready and what they can do to be ready too! Put on the

sticker to show you know how to prepare for an emergency. Show it to your parents.

[Ready puts on sticker]

NARRATOR 1:

And what does Emergency Preparedness mean?

[Ready prompts like he's listening for an answer]

If needed, prompt the crowd to answer "Know what to do." "Have what you need." "Stay safe."

Remember, you can be Ready too!

[Ready claps and gives thumbs up]

Does anyone have questions for us?